

## Infection Prevention Protocol for Outpatient Visits

- Engineering Controls in Suite 301:

We are compliant with the recommendations from OSHA regarding ventilation which include:

- a. OPEN OUTDOOR AIR DAMPERS TO REDUCE OR ELIMINATE RECIRCULATION. Our system is new, efficient, and the fresh air exchange is 95 cubic feet per minute. The overall air exchange rate in the suite is 6.4 air exchanges per hour.
  - b. IMPROVE CENTRAL AIR FILTRATION TO THE MERV-13 OR THE HIGHEST COMPATIBLE WITH THE FILTER RACK, AND SEAL EDGES OF THE FILTER TO LIMIT BYPASS. We just upgraded to a MERV-13 filter.
  - c. KEEP SYSTEMS RUNNING LONGER HOURS, 24/7 IF POSSIBLE TO ENHANCE AIR EXCHANGE IN THE BUILDING SPACE. Our HVAC system runs 24/7.
- I have my own air purifier (TruSens Z-3000) which filters the air in my office almost 7 times per hour (200 CADR). It also measures and displays in real time the particles in the air and auto-adjusts. It has a prefilter, a carbon filter, a True HEPA filter (captures more than 99.97% of particulates down to 0.3 microns), and a UV light.
  - I have 3 large windows in my office (2 on the patient side that open completely and 1 next to me) which allow for fresh air. This is in addition to the HVAC filtration already in place that circulates fresh air (see 1a).
  - There is also the option of outdoor terrace sessions. If you are interested in this option, please let me know ahead of time so that I can coordinate with the other therapist that shares the terrace with me to ensure your privacy is protected.
  - All clinicians and those entering the building and suite will wear face coverings during all interactions.
  - We will limit non-patient visitors by coordinating with our patients and with the other clinicians.
  - Sitting in the waiting area for more than a few minutes is not permitted.
  - We will limit the entry of any outside vendors during periods when there are patients present (unless of course there is an emergency).
  - There will be at least a 1 hour gap between in-person patients. Following your appointment, chairs and relevant surfaces will be cleaned using 70% isopropyl alcohol, bleach wipes, or PURELL Multi-surface Disinfectant Spray.
  - Outside of the suite and within the building, there will be increased cleaning using bleach and disinfecting spray of high touch points including elevator buttons, call boxes, and restrooms.
  - I will use hand sanitizer or soap between patients.
  - Within the building, there will be hand sanitizer on each floor.
  - Within the suite, we have no touch hand-soap and sink, disposable towels, alcohol based hand sanitizer stations (at least 60%), and no touch trash cans.
  - High-touch surfaces within the suite will be disinfected daily.
  - We have removed magazines from the waiting area.